



APLAR Webinar 2026
An APLAR Academy Educational Programme

APLAR World Arthritis Day

Reframing Arthritis Care: From Evidence to Empowerment

SATURDAY, 10TH OCTOBER 2026

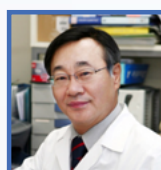
15:00 – 16:40 (GMT+8)

Chairpersons



A/Prof Jose Paulo Lorenzo

President, APLAR
Consultant, Makati Medical Center and University of
the Philippines
Philippine General Hospital (UP-PGH)
Philippines



Prof Ho-Youn Kim

Division of Rheumatology
The Catholic University of Korea
APLAR Master Awardee
Former APLAR President
South Korea

Speakers



OA Reconsidered: Current Evidence and Management Pearls for Clinical Practice

Prof Ester Penserga

Section Adviser, East Avenue Medical Center
Division of Rheumatology, Department of Medicine
College of Medicine, University of the Philippines Manila
Philippines



Stronger Together: The Power of Partnership in Rheumatology

Dr Simon Stones

Chair, EULAR People with Arthritis/Rheumatism Europe (PARE) Committee
Scientific Director, Patient Engagement Amica Scientific
United Kingdom

Panelists



A/Prof William Taylor

Honorary Associate
Professor, Department of
Medicine
University of Otago
COPCORD Coordinator,
APLAR
New Zealand



Prof Syed Atiqul Haq

Chief Consultant, Green Life
Center for Rheumatic Care
and Research
Mentor, APLAR Education
Committee
Bangladesh



Prof Dr Md Nazrul Islam

Bangladesh Medical
University
President-Elect, Bangladesh
Rheumatology Society
Convenor, APLAR
Epidemiology SIG
Bangladesh



Prof Andrew Briggs

Co-Convenor, SCPO SIG
Professor, Musculoskeletal
Health Curtin University
Australia

Convenor, SCPO SIG:

Prof Nighat Mir Ahmad

Chair, Department of Rheumatology
(National Hospital & Medical Centre)
CPH and Medical College Lahore
Chair ACF
Pakistan

Facilitator, SCPO SIG:

Dr Jonathan Paul Consignado

Philippine Rheumatology Association (PRA)
Special Interest Group on Pain,
Fibromyalgia, and Soft Tissue Rheumatism
Clinical Associate Professor at St. Luke's
College of Medicine
Philippines

10:00 Iraq, Jordan, Kuwait, Qatar,
Saudi Arabia, Syria
10:30 Iran
11:00 Oman, United Arab Emirates
12:00 Pakistan, Tajikistan, Uzbekistan
12:30 India, Sri Lanka
12:45 Nepal

13:00 Bangladesh, Kazakhstan,
Kyrgyzstan
13:30 Myanmar
14:00 Cambodia, Khovd, Thailand,
Vietnam, Indonesia
15:00 China, Malaysia, Perth, Philippines,
Singapore, Mongolia

16:00 Japan, Korea
16:30 Darwin
17:30 Adelaide
18:00 Sydney
20:00 New Zealand

REGISTER NOW!



CLICK HERE
or scan QR code