



APLAR Webinar 2026
An APLAR Academy Educational Programme

APLAR World Osteoporosis Day

Bone Health in Systemic Lupus Erythematosus: A Case-Based Approach



SATURDAY, 17TH OCTOBER 2026
16:00 - 17:30 (GMT+8)



Moderator

Prof Julie Li-Yu

Chief, Section of Rheumatology
Department of Medicine
University of Santo Tomas Faculty of Medicine and Surgery
Chinese General Hospital and Medical Center
Philippines



Case Presenter

A Patient with Systemic Lupus Erythematosus at Risk of Osteoporotic Fracture

A/Prof Sumapa Chaiamnuay

Rheumatic Disease Unit
Phramongkutklao Hospital
Thai Rheumatism Association
Thailand



Speaker

Fracture Risk Assessment in Lupus Patients

Dr Mahabaleshwar Mamadapur

Assistant Professor
Department of Clinical Immunology and Rheumatology
JSS Medical College and Hospital
India



Speaker

Treatment Approach: Glucocorticoid-Induced Osteoporosis and Goal-Directed Therapy

A/Prof Sumapa Chaiamnuay

Rheumatic Disease Unit
Phramongkutklao Hospital
Thai Rheumatism Association
Thailand



Speaker

Monitoring Treatment Response and Long-Term Management

Dr Nabeel Abdulla

Consultant Rheumatologist
Hamad Medical Corporation
Qatar

11:00 Iraq, Jordan, Kuwait, Qatar, Saudi Arabia, Syria
11:30 Iran
12:00 Oman, United Arab Emirates
13:00 Pakistan, Tajikistan, Uzbekistan
13:30 India, Sri Lanka
13:45 Nepal
14:00 Bangladesh, Kazakhstan, Kyrgyzstan
14:30 Myanmar

15:00 Cambodia, Khovd, Thailand, Vietnam, Indonesia
16:00 China, Malaysia, Perth, Philippines, Singapore, Mongolia
17:00 Japan, Korea
17:30 Darwin
18:30 Adelaide
19:00 Sydney
21:00 New Zealand

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