

APLAR Grand Round 2026

An APLAR Academy Educational Programme



APLAR Young Rheumatologist (AYR)

Beyond the Skeleton: Osteoporosis and Cardiovascular Health

Saturday, 29 August 2026, 16:00 hours (GMT+8)

11:00	Iraq, Jordan, Kuwait, Qatar, Saudi Arabia, Syria	15:00	Cambodia, Indonesia, Khovd, Thailand
11:30	Iran	16:00	China, Malaysia, Perth, Philippines, Singapore, Ulaanbaatar
12:00	Oman, United Arab Emirates	17:00	Japan, Korea
13:00	Pakistan, Tajikistan, Uzbekistan	17:30	Darwin
13:30	India, Sri Lanka	19:00	Sydney
13:45	Nepal	21:00	New Zealand
14:00	Bangladesh, Kazakhstan, Kyrgyzstan		
14:30	Myanmar		



MODERATOR

Dr Abdo Lutf

Senior Consultant
Rheumatology Hamad Medical
Corporation (HMC)
Qatar University
Qatar



AYR PRESENTER

Dr Nabeel Abdulla

Consultant Rheumatologist
Hamad Medical Corporation
Qatar



AYR PRESENTER

Dr Omar Alsaed

Consultant Rheumatologist
Hamad Medical Corporation
Qatar



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**05
DECEMBER**

26