



## Research Grant 2026 Announcement

*(Closing Date: 31 March 2026)*

### Invitation

The Asia Pacific League of Associations for Rheumatology (APLAR) invites applications from science and medical graduates from APLAR member societies for its APLAR research grant. This year, up to **three (3) grants** of up to **USD 14,000**, will be awarded to doctors / young scientists striving to improve the lives of rheumatology patients through research. The grants are to assist the undertaking of research in either adult or paediatric rheumatology.

The aims of the grant are to give the researcher an opportunity to start and do research **within their own country of residence**. In addition, we hope to promote and support basic and clinical research directed to the causes, prevention, and treatment of rheumatic diseases in the APLAR member society countries. This grant is to be used for consumables required for the research and not for salaries or fixed costs. It is expected that the research will be completed within one (1) year of initiating the project work.

All successful awardees are required to **submit a full report** to the APLAR Executive Committee **upon the completion of their research**. Additionally, they are required to **submit data from the work carried out for presentation at a subsequent APLAR Congress**, and for **publication as a full scientific article** in an international peer-reviewed journal, preferably the International Journal of the Rheumatic Diseases. An acknowledgement of the APLAR grant must be included in the manuscript.

If the applicant **fails to submit a report and a full scientific article for publication** within **six (6) months of completion** of the project, the APLAR Executive committee will not accept further grant applications from applicants of the same country for a further one (1) year. An email and hard copy letter will also be sent to the Head of the Department where the applicant works and also to the President of the applicant's national rheumatology society.

Applicants should demonstrate that how their research will impact improvements in education and/or the clinical practice of rheumatology. Only complete applications with the correct supporting documents will be accepted. The decision of the APLAR Executive Committee on the award of these grants is final.

## **Application**

The offer is valid only for:

- Medical or science graduate of less than 45 years of age.
- Nationals of countries who are members of APLAR (clear of arrears for membership dues).

The following documents should be enclosed with the application:

- Photocopy of document clearly stating date of birth.
- A curriculum vitae with a recent 2×2-inch photograph.
- A reference of good standing from the Dean of the candidate's medical school / university.
- A written statement from the Head of Department/Consultant of the host centre to which the applicant is going to, that he/she is able to supervise the research and researcher.
- A summary of the project with the significance of the expected results in the context of current knowledge (maximum 500 words).
- A grant proposal of the project detailing the background, aims, methodology, budget, and expected results (see below).
- Ethics Committee approval of the study for all human and animal studies.
- A budget
- A timeline of the research project.

Outline of the proposal for applying APLAR Research grants.

Please study the template below for proposal development and submission it along with the application form.

1. Title of the project	Provide a short and informative title
2. Type of study	Provide the type of the study. Observational, cohort, interventional, etc.
3. Investigators	Provide the name of the principal investigator (applicant) and all member of the investigator team including their degree and place of work.
4. Rational of the study	Provide information related to the study protocol. Why does the investigator want to do this study? What has been done before in the proposed area? What are the unclear or unanswered questions?
5. Study objective	Provide the study objectives. How does this study answer those questions, etc.?
6. Population of the study	Provide detail of the population of the study (eg. Human, animal, etc.) and the place where the study will be performed.
7. Sample size calculation	Provide the estimated sample size to be used (if any)
8. Methodology	Provide details of the participants, the inclusion/exclusion criteria (and withdrawal criteria, if any) How to recruit them? Provide the study design. What is/are the interventions? How to collect the data? What the instruments to be used to collect data? Are these instrument(s) validated?
9. Ethical issues	Provide explanation of relevant ethical issues (if any). Studies involving human and/or animals subjects must be accompanied by the Ethical Approval of the investigator institution.

10. Statistical analysis	Provide statistical methods to be used in the study. If the study requires complex statistical analysis, a qualified biostatistician should be involved in the project.
11. Budget	Provide details of the budget. This includes assistant's salary or stipends, materials for the study, special investigation costs, etc. The investigator can claim for these expenses by sending the receipt to APLAR.
12. Results	What are the expected results? How will the result from the study help improvement in rheumatology care among APLAR countries?
13. References	Please provide relevant reference to the study.

## Disbursement of Funds

At the start of the project, USD 5,000 will be transferred to the investigator's account, preferably their university's research account. But if that would incur an administrative charge, then the investigator can request to use their personal account.

Following the first transfer, the investigator will be required to provide receipts for the expenditure as the project progresses. If any individual item costs are more than USD 1,000, then 3 separate quotations are required, and the cheapest quotation will usually be accepted. Once the expenditure has exceeded the first USD 5,000, there can be 2 further disbursements at Month 3 and Month 6, depending on the proposed budget, supported by receipts, of up to USD 4,000 each.

The last USD 1,000 will be transferred once the completed research report and the final draft of the manuscript of the research project been received by the APLAR Executive Committee. In addition, awardees should submit their work for publication in an international peer-reviewed journal, preferably to the International Journal of the Rheumatic Diseases.

The APLAR Executive Committee reserves the right to adjust the amount of grant awarded depending on the proposed budget expenditure. Any such decision taken by the APLAR Executive Committee is final.

## Application Period

Application for grant will open from [7 January](#) to [31 March 2026](#).

## RESEARCH GRANT APPLICATION FORM

### Instructions

- A. Please read through the application carefully and include all the required information. There are four parts to this application:
- 1) Summary Information sheet;
  - 2) Supplemental Information section;
  - 3) Project Description; and
  - 4) Biographical Sketch.

Please make sure that required information for each section is complete.

- B. Submit the completed application and the related appendices, and email PDF of the application.
- C. Email application to:  
APLAR (RESEARCH GRANT 2026)  
Email: [secretariat@aplar.org](mailto:secretariat@aplar.org)

**Grant Application Deadline – Tuesday, 31 March 2026.**

### Terms and Restrictions

- A. The aims of the grant are to give the researcher an opportunity to start and do research **within their own country of residence**. It is expected that the research will be completed within one (1) year of initiating the project.
- B. Principal Investigator must clearly demonstrate interest in the understanding of the specialty of Rheumatology or his or her collaboration with an investigator who has experience in this field of research. If collaboration is warranted, a letter of support from the collaborating researcher must be included in the application.
- C. At the start of the project, USD 5,000 will be transferred to the investigator's account, preferably their University's research account. But if that would incur an administrative charge, then the investigator can request to use their personal account.
- D. Following the first transfer, the investigator will be required to provide receipts for the expenditure as the project progresses. If any **individual item** costs are more than **USD 1,000**, then **3 separate quotations** are required, and the cheapest quotation will usually be accepted. Once the expenditure has exceeded the first USD 5,000, there can be **2 further disbursements** at **Month 3** and **Month 6**, depending on the proposed budget, supported by receipts, of up to **USD 4,000 each**.
- E. The **last USD 1,000** will be transferred once the **completed research report and the final draft of the manuscript of the research project been received by the APLAR Executive Committee**. In addition, awardees should submit their work for publication in an international peer-reviewed journal, preferably to the International Journal of the Rheumatic Diseases.
- F. If the applicant **fails to submit a report** and a **full scientific article for publication** within **six (6) months** of completion of the research project, the APLAR Executive committee will not accept further grant applications from applicants of the same country for a further one (1) year. An email and hard copy letter will also be sent to the Head of the Department where the applicant works and also to the President of the applicant's national rheumatology society.

## Part One – Summary Information

<b>1. Title of Project</b>		
<b>2. Principal Investigator</b>		
Name	:	
Degree(s)	:	
Title	:	
Department	:	
Mailing Address	:	
Phone	:	
E-mail address	:	
<b>3. Name and address of institution at which project will be performed</b>		
<b>4. Dates of Proposed Period of Support</b> ( <i>month, day, year--MM/DD/YY</i> )		
From		Through
<b>5. Consent</b>		
I have read and agree to the terms and restrictions		
<b>6. Signatures</b>		
<p>I certify that the statements made herein are true, complete, and accurate to the best of my knowledge. I am aware that any false, fictitious, or fraudulent statements or claims may disqualify me as a future applicant. I agree to accept responsibility for the scientific conduct of the project and to provide the required progress reports if a grant is awarded as a result of this application. I understand that failure to submit the required reports will result in repayment of the grant.</p>		
<b>Name:</b> <b>Principal Investigator</b>		<b>Date</b>
I certify that the statements herein are true, complete, and accurate to the best of my knowledge.		
<b>Name:</b> <b>Department Chair/ Official of Institution</b>		<b>Date</b>

## Part Two – Supplemental Information

### **Summary.**

Please attach a description of the project's specific aims. Include the research design and the methods to be employed. If the application is funded, this description may become public information (200-500 words).

### **Lay summary.**

Please attach a summary which concisely and clearly describe the goals, methods, and importance of this project in plain language (100-200 words).

Principal Investigator:

### Part Three – Project Description

Please attach a description of your project. This description should be no more than six pages in length, typed single-spaced. Please make sure to include the following in your description:

1. Title of the project	Provide a short and informative title
2. Type of study	Provide the type of the study. Observational, cohort, interventional, etc.
3. Investigators	Provide the name of the principal investigator (applicant) and all member of the investigator team including their degree and place of work.
4. Rational of the study	Provide information related to the study protocol. Why does the investigator want to do this study? What has been done before? What are the unclear or unanswered questions?
5. Study objective	Provide the study objectives. How does this study answer those questions, etc.?
6. Population of the study	Provide detail of the population of the study (e.g., Human, animal, etc.) and the place where the study will be performed.
7. Sample size calculation	Provide the estimated sample size to be used (if any)
8. Methodology	Provide details of the participants, the inclusion/exclusion criteria (and withdrawal criteria, if any) How to recruit them? Provide the study design. What is/are the interventions? How to collect the data? What the instruments to be used to collect data? Are these instrument(s) validated?
9. Ethical issues	Provide explanation of relevant ethical issues (if any). Studies involving human and/or animals subjects must be accompanied by the Ethical Approval of the investigator institution.
10. Statistical analysis	Provide statistical methods to be used in the study. If the study requires complex statistical analysis, a qualified biostatistician should be involved in the project.
11. Budget	Provide details of the budget. This includes assistant's salary or stipends, materials for the study, special investigation costs, etc. The investigator can claim for these expenses by sending the receipt to APLAR.
12. Results	What are the expected results? How will the result from the study help improvement in rheumatology care among APLAR countries?
13. References	Please provide relevant reference to the study.

### Part Four – Biographical Sketch

Please attached up-to-date CV of Investigator(s).

For Official Use Only	
Part 1 Completed	Submitted for another grant
Part 2 Completed	COPCORD Grant
Part 3 Submitted	Fellowship Grant
Part 4 Submitted	