



Mid-term Symposium APLAR-2024 and 7th Congress of Rheumatologists of Kazakhstan

Almaty | April 25–27, 2024



PROGRAM



PROGRAM

Mid-term Symposium APLAR-2024 and 7th Congress of Rheumatologists of Kazakhstan on April 25–27, 2024

ORGANIZED by

Akimat of Almaty, Asia Pacific League of Associations for Rheumatology (APLAR)
Academy & Qazaq College of Rheumatology (QCR)
with the support of the
Ministry of Health of the Republic of Kazakhstan

Venue: InterContinental Almaty Hotel,
Zheltoksan St., 181, Almaty, Kazakhstan

Congress Format: OFFLINE/ONLINE

The webcast of the Congress is at the link:
<https://rheuma-kaz.online>

Online registration
from March 18

Registration
from April 25, 10 am – 6 pm; April 26, 8 am – 9 am

April 25

PRE-CONGRESS PROGRAM

Workshops:

09.00–15.00 Basic Rheumatology Ultrasound workshop /Musculoskeletal & lung pathology related to rheumatic diseases/ (Dr. Yew-Kuang Cheng, Dr. Kong KO, Dr. Ved Chaturvedi, APLAR)

15.00–17.00 Clinical Skills workshop – Labial salivary gland biopsy (Dr. Sandhya Pulkool, APLAR)

17.00–18.30 Course on Capillaroscopy (Dr. Ved Chaturvedi, APLAR)

19.00 OFFICIAL OPENING

19.00

OFFICIAL OPENING

Greetings:



Dossaev Erbolat
Akim of Almaty



Alnazarova Akmaral
Minister
of Health of the
Republic of Kazakhstan



Jose Paulo Lorenzo
President-Elect
of APLAR, Makati
Medical Center &
Philippine General
Hospital (Philippines)



Nusupova Assem
Deputy Akim
of Almaty



Togizbayev Galymzhan
Professor, President of
the Qazaq College of
Rheumatology (QCR)
and League of Eurasian
Rheumatologists (LEAR)

April 26

APLAR-2024 mid-term symposium

Ballroom

- 09.00–11.00 Session 1. Rheumatoid arthritis: guideline in practice
- 11.00–11.30 Break
- 11.30–13.00 Session 2. SpA: management insights
- 13.00–14.00 Lunch
- 14.00–15.00 Session 3. Vasculitis: practice points
- 15.00–16.00 Session 4. SLE: Regional issues in management
- 16.00–16.30 Break
- 16.30–18.00 Session 5. Crystal-induced arthritis: Asia Pacific aspects understanding
- 18.00–19.00 Session 6. Imaging for rheumatic diseases

April 27

APLAR-2024 mid-term symposium

Ballroom

- 09.00-10.00 Session 7. Osteoporosis in rheumatic diseases. Is it different?
- 10.00-11.00 Session 8. Role of genetics in rheumatic diseases

Abay Hall

- 11.00–13.00 APLAR young rheumatologist (AYR) oral abstract session

Ballroom

- 11.30-18.30 **7TH CONGRESS OF RHEUMATOLOGISTS OF KAZAKHSTAN**
- 18.30–18.30 Closing ceremony

April 26

APLAR-2024 mid-term symposium

09.00-11.00

Session 1. RHEUMATOID ARTHRITIS: GUIDELINE IN PRACTICE

Chairpersons:

Tsutomu Takeuchi (Japan)

Togizbayev Galymzhan (Kazakhstan)

In memory of Professor D. Danda (10 min)

Speaker: Zhanguo Li (China)

Early diagnosis and deep remission of Rheumatoid arthritis (20 min)

Speaker: Zhanguo Li (China)

APLAR RA Treatment Recommendations Update 2023 (20 min)

Speaker: Kunihiko Yamaoka (Japan)

Management of rheumatoid arthritis with DMARDs according to the current

EULAR recommendations (20 min)

Speaker: Frank Buttgereit (Germany)

Rheumatoid arthritis: challenges and opportunities in Kazakhstan (20 min)

Speaker: Togizbayev Galymzhan (Kazakhstan)

EXPERT DISCUSSION

11.00-11.30 BREAK

11.30-13.00

Session 2. SpA: MANAGEMENT INSIGHTS

Chairpersons:

Nazrul Islam (Bangladesh)

Mashkunova Olga (Kazakhstan)

Mirakhmedova Khilola (Uzbekistan)

Recent progress in axial spondyloarthritis (20 min)

Speaker: James Wei (Taiwan)

APLAR PsA recommendation (20 min)

Speaker: Lai-Shan Tam (Hong Kong)

Overview of Uveitis in spondyloarthritis (20 min)

Speaker: Vanessa Ocampo (Canada)

EXPERT DISCUSSION

13.00-14.00 LUNCH

14.00-15.00

Session 3. VASCULITIS: PRACTICE POINTS

Chairpersons:

Shukurova Surayyo (Tajikistan)

Abisheva Saule (Kazakhstan)

Approach to vasculitis (20 min)

Speaker: Hiromichi Tamaki (Japan)

Cutaneous small vessel vasculitis (20 min)

Speaker: Syed Atiqul Haq (Bangladesh)

EXPERT DISCUSSION

15.00–16.00

Session 4. SLE: REGIONAL ISSUES IN MANAGEMENT

Chairpersons:

Ivanova Raifa (Kazakhstan)

Mamasaidov Abdimutalib (Kyrgyzstan)

Advances in the treatment strategies of systemic lupus erythematosus and lupus nephritis (20 min)

Speaker: Chi-Chiu Mok (Hong Kong)

LLDAS and management of SLE (20 min)

Speaker: Rangji Kandane-Rathnayake (Australia)

EXPERT DISCUSSION

16.00–16.30 BREAK

16.30–18.00

Session 5. Crystal-induced arthritis: Asia Pacific aspects understanding

Chairpersons:

Khabizhanova Venera (Kazakhstan)

Baimukhamedov Chokan (Kazakhstan)

Clinical aspects of gout and its associated co-morbid diseases (20 min)

Speaker: U.R.K. Rao (India)

The APLAR 2021 guidelines for the management of gout (20 min)

Speaker: Jose Paulo Lorenzo (Philippines)

EXPERT DISCUSSION

18.00–19.00

Session 6. IMAGING FOR RHEUMATIC DISEASES

Chairpersons:

Kong Kok Ooi (Singapore)

Nabiyeva Dildora (Uzbekistan)

Imaging of vasculitis (20 min)

Speaker: Nazrul Islam (Bangladesh)

Role of US lacrimal and salivary glands in Sjögren syndrome (20 min)

Speaker: Ved Chaturvedi (India)

EXPERT DISCUSSION

April 27

APLAR-2024 mid-term symposium

09.00-10.00

Session 7. OSTEOPOROSIS IN RHEUMATIC DISEASES. IS IT DIFFERENT?

Chairpersons:

Yew-Kuang Cheng (Singapore)

Gabdulina Gulzhan (Kazakhstan)

Goremykina Maya (Kazakhstan)

Lobanchenko Olga (Kyrgyzstan)

Osteoporosis in SLE (20 min)

Speaker: Sumapa Chaiamnuay (Thailand)

Osteoporosis in adult idiopathic inflammatory myopathy (20 min)

Speaker: Ronald ML Yip (Hong Kong)

EXPERT DISCUSSION

10.00-11.00

Session 8. ROLE OF GENETICS IN RHEUMATIC DISEASES

Chairpersons:

Syed Atiqul Haq (Bangladesh)

Issaeva Bakhytsholpan (Kazakhstan)

APLAR review on pharmacogenetics in rheumatic diseases (20 min)

Speaker: Suleman Khan (United Kingdom)

Geo-ethnic variations in the genetic mechanism of RA (20 min)

Speaker: Samar Al Emadi (Qatar)

EXPERT DISCUSSION

11.00-13.00

APLAR young rheumatologist (AYR) oral abstract session (Abay Hall)

April 27

7TH CONGRESS OF RHEUMATOLOGISTS OF KAZAKHSTAN

11.10-19.00

Plenary session 1.

Chairpersons:

Lukina Galina (Russia)

Mashkunova Olga (Kazakhstan)

11.10–11.30 **Interdisciplinary problems in rheumatology**

Mazurov Vadim (Russia)

11.30–11.50 **The Japanese experience with biologic therapies for rheumatoid arthritis**

Tsutomu Takeuchi (Japan)

11.50–12.05 **Problems of autoimmunity in rheumatology**

Nasonov Evgeniy (Russia)

12.05–12.20 **Direct inhibition of interleukin6: new opportunities of treatment of rheumatoid arthritis**

Nasonov Evgeniy (Russia)

12.20–12.40 **Methotrexate in the treatment of RA: clinical application, safety aspects and therapy adherence**

Frank Buttgerit (Germany)

12.40–13.00 **Management of ILD in autoimmune diseases**

Togizbayev Galymzhan (Kazakhstan)

13.00-13.10 **Axial spondylitis**

Mirakhmedova Hilola (Uzbekistan)

13.10-14.00 LUNCH

Plenary session 2.

Chairpersons:

Issaeva Bakhytsholpan (Kazakhstan)

Mirakhmedova Khilola (Uzbekistan)

14.00–14.20 **Difficult-to-treat RA – status of the problem**

Lila Alexandr (Russia)

14.20–14.40 **Jak inhibitors for the treatment of rheumatoid arthritis**

Carlos Enrique Toro Gutiérrez (Colombia)

- 14.40–15.00 **Incidence rates of osteoarthritis in Kazakhstan and basic principles of treatment**
Issaeva Bakhytsholpan (Kazakhstan)
- 15.00–15.20 **Spondylarthritis: long term treatment perspectives of iIL17**
Gaydukova Inna (Russia)
- 15.20–15.40 **Updated clinical guidelines for the treatment of RA: the place of Janus kinase inhibitors in therapy**
Nurgalieva Samal (Kazakhstan)
- 15.40–16.00 **Patient with SLE in rheumatologist practice**
Omarbekova Zhazira (Kazakhstan)
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Plenary session 3.

Chairpersons:

Martusevich Natalya (Belarus)

Dilmanova Dina (Kazakhstan)

- 16.10–16.30 **Multi-vector indications for the use of anti-B cell therapy in rheumatology**
Mashkunova Olga (Kazakhstan)
- 16.30–16.50 **IL-6 inhibitor olokizumab use in real clinical practice**
Zagrebnava Alyona (Russia)
- 16.50–17.10 **Progressive pulmonary fibrosis in systemic connective tissue diseases: can we improve the prognosis?**
Bakenova Roza (Kazakhstan)
- 17.10–17.30 **Rheumatoid arthritis – a little new about the old...**
Martusevich Natalya (Belarus)
- 17.30–17.50 **The place of IL-17 inhibitors in the treatment of psoriatic arthritis**
Omarova Kamka (Kazakhstan)
- 17.50–18.10 **Progressive pulmonary fibrosis in systemic sclerosis**
Baimukhamedov Chokan (Kazakhstan)
- 18.10–18.30 **Prospects for the use of Upadacitinib in the treatment of rheumatoid arthritis**
Dyomin Eugene (Kazakhstan)
- 18.30–19.00 **CLOSING CEREMONY**

CHAIRPERSONS & SPEAKERS:



Tsutomu Takeuchi

President of APLAR, Vice President of Saitama Medical University in Saitama, and Emeritus Professor of Keio University in Tokyo (Japan, Tokyo)



Debashish Danda

MD, DM, FRCP, FACR, FAMS, Professor & Founder of the Department, Clinical Immunology & Rheumatology, Immediate past President of APLAR (India, Vellore)



Syed Atiqul Haq

Immediate President of APLAR, Chief Consultant, Green Life Center for Rheumatic Care and Research, and former Professor, Department of Rheumatology, Bangabandhu Sheikh Mujib Medical University (Bangladesh)



Jose Paulo Lorenzo

President-Elect of APLAR, Makati Medical Center & Philippine General Hospital (Philippines)



Nazrul Islam

Professor, Vice President of APLAR, Member of the SpA Special Interest Group (SIG) of APLAR (Bangladesh, Dhaka)



Ronald ML Yip

Secretary General in the APLAR Board, Clinical Services Director of the Integrated Diagnostic and Medical Centre of the Tung Wah Group of Hospitals (Hong Kong)



Ved Chaturvedi

Professor, Deputy Secretary General of APLAR, Senior consultant & prof Rheumatology Sir Gangaram Hospital New Delhi (India)



Zhanguo Li

Professor, Chief, Dept of Rheumatology and Immunity Director, Institute of Rheumatology and Immunology, Medical School of Peking University, Peking University People's Beijing (China)



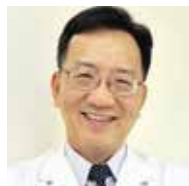
Yew-Kuang Cheng

Board Member of APLAR and is the founding chair of the APLAR Young Rheumatologist network, Consultant Physician, Department of Rheumatology, Allergy and Immunology, Tan Tock Seng Hospital (Singapore)



Lai-Shan Tam

Professor, Center of Excellence Chairman of the Committee, Associate Editor of International Journal of Rheumatic Disease and Arthritis Research and Therapy, Department of Medicine and Therapeutics, Chinese University of Hong Kong (Hong Kong)



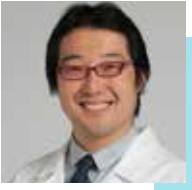
James Wei

Professor, currently Editor-in-Chief of the International Journal of Rheumatic Diseases, Professor of Institute of Medicine, Chung Shan Medical University, Vice Superintendent and Director of Clinical Trial Center of Chung Shan Medical University Hospital (Taiwan, Taichung)



Kunihiko Yamaoka

M.D., Ph.D., Professor and Chairman, Department of Rheumatology and Infectious Diseases, Kitasato University (Japan)



Hiromichi Tamaki

M.D., FACR, FACP, Associate Clinical Professor at St. Luke's International University (Japan, Tokyo)



Samar Al Emadi

MBBS. FACR. FRCP. ABIM, Sr. Consultant, Rheumatology Division, Department of Internal Medicine, Hamad Medical Corporation (Qatar)



Chi-Chiu Mok

Chief of the Division of Rheumatology, Department of Medicine, Tuen Mun Hospital (Hong Kong)



Ivanova Raifa

Professor, Semey Medical University, APLAR Master Award 2023 (Kazakhstan, Semey)



Sumapa Chaiamnuay

Associate Professor, Phramongkutklo hospital, BKK, Thailand Rheumatology Association (Thailand)



Togizbayev Galymzhan

Professor, Department of Rheumatology, Asfendiyarov Kazakh National Medical University, President of the QCR and LEAR (Kazakhstan, Almaty)



U.R.K. Rao

ex-President of Indian Rheumatology Association, Sri Deepti Rheumatology Center, Hyderabad (India)



Nasonov Evgeniy

Academician of the Russian Academy of Sciences, Honorary President of the League of Eurasian Rheumatologists (LEAR) (Russia, Moscow)



Kong Kok Ooi

Adj. Assoc. Prof., co-convenor of the APLAR Imaging Special Interest Group (Singapore)



Lila Alexandr

Professor, Chief Rheumatologist of the Russian Federation, Director of the Federal State Budgetary Scientific Institution "Research Institute of Rheumatology named after V.A. Nasonov" (Russia, Moscow)



Dr. Sandhya Pulukool

co-convenor of APLAR SIG on Sjogren's Syndrome and the Indian Rheumatology Association (IRA) Special Interest Group on Sjogren's syndrome, Narayana Health City (India)



Mazurov Vadim

Academician of Russian Academy of Sciences, MD, Dr.Sci. (Medicine), Professor, Head of the Department of Therapy, Rheumatology, Examination of temporary disability and quality of medical care named after E.E. Eichwald, Chief Scientific Advisor, Director of the Research Institute of Rheumatology, North-Western State Medical University named after I.I. Mechnikov (Russia, St. Petersburg)

**Mashkunova Olga**

Professor, Department of Internal Diseases, Asfendiyarov Kazakh National Medical University, Leading Consultant of RICID of the Ministry of Health of the Republic of Kazakhstan (Kazakhstan, Almaty)

**Nurgalieva Samal**

Vice President of the Qazaq College of Rheumatology (Kazakhstan, Uralsk)

**Issaeva Bakhytsholpan**

Professor, Department of Rheumatology, Asfendiyarov Kazakh National Medical University, Chairman of the Independent Society of Rheumatologists of the Republic of Kazakhstan (Kazakhstan, Almaty)

**Khabizhanova Venera**

Professor, Department of General Medical Practice, Asfendiyarov Kazakh National Medical University (Kazakhstan, Almaty)

**Gabdulina Gulzhan**

Professor, Department of General Medicine of Asfendiyarov Kazakh National Medical University, President of the Association of Osteoporosis Physicians, Member of the Scientific Committee of the International Osteoporosis Foundation (Kazakhstan, Almaty)

**Goremykina Maya**

Associate Professor, Head of the Department of Rheumatology and Non-infectious Diseases of Semey Medical University (Kazakhstan, Semey)

**Abisheva Saule**

Professor, Head of the Department of Family Medicine, Astana Medical University (Kazakhstan, Astana)

**Dilmanova Dina**

Associate Professor, Head of the Department of Rheumatology, Asfendiyarov Kazakh National Medical University (Kazakhstan, Almaty)

**Bakenova Roza**

Doctor of Medical Sciences, Associate Professor, Chief Therapist, Head of the Clinical Research Department at the Medical Center Hospital of the President's Affairs Administration of the RK (Kazakhstan, Astana)

**Baimukhamedov Chokan**

Vice President of the Qazaq College of Rheumatology, director of the Medical Center for Joint Diseases, LEAR expert (Kazakhstan, Shymkent)

**Omarbekova Zhazira**

Candidate of Medical Sciences, Rheumatologist (Kazakhstan, Almaty)

**Dyomin Eugene**

Ph.D. of medicine, rheumatologist, MC "VIA Medical" (Kazakhstan, Almaty)

**Omarova Kamka**

Member of the expert council of rheumatologists of the Republic of Kazakhstan (Kazakhstan, Almaty)

**Mirakhmedova Khilola**

Doctor of Medical Sciences, Tashkent Medical Academy, Chief Rheumatologist of the Ministry of Health of the Republic of Uzbekistan (Uzbekistan, Tashkent)

**Nabiyeva Dildora**

Professor, Head of the Department of Faculty and Hospital Therapy No.1 of the Tashkent Medical Academy (Uzbekistan, Tashkent)

**Shukurova Surayyo**

Professor, Chief Rheumatologist of the Ministry of Health and Social Protection of the Population of Tajikistan, Chairman of the Society of Rheumatologists of the Republic of Tajikistan (Tajikistan, Dushanbe)

**Mamasaidov Abdimutalib**

Professor, President of the Association of Rheumatologists of Kyrgyzstan Head of the Department of Internal Medicine No. 1 of Osh State University (Kyrgyzstan)

**Lobanchenko Olga**

Candidate of Medical Sciences, Assistant Professor, Department of Hospital Therapy of KSMA, Director of the Center for Osteo-articular Pathology (Kyrgyzstan, Bishkek)

**Lukina Galina**

MD, Dr.Sci. (Medicine), Professor, Head, Department of Rheumatology, A.S. Loginov Moscow Clinical Research Center (Russia, Moscow)

**Gaydukova Inna**

MD, Dr.Sci. (Medicine), Professor North-Western State Medical University (Russia, St. Petersburg)

**Zagrebneva Alyona**

MD, PhD, Associate Professor, Moscow Chief Rheumatologist, Pirogov Russian National Research Medical University of the Moscow Healthcare Department (Russia, Moscow)

**Vanessa Ocampo**

Combined Ophthalmology and Rheumatology Uveitis Clinic Kensington Eye Institute – University of Toronto (Canada)

**Martusevich Natalya**

Professor, Department of Cardiology and Internal Diseases, Belarusian State Medical University, Chief Rheumatologist of the Ministry of Health of the Republic of Belarus (Belarus, Minsk)

**Suleman Khan**

Consultant Rheumatologist, Countess of Chester Hospital, General Secretary of Pakistan Society for Rheumatology (United Kingdom, Chester)

**Frank Buttgerit**

Professor, Senior Consultant and Deputy Head of the Department of Rheumatology and Clinical Immunology at the Charité, University Medicine in Berlin (Germany, Berlin)

**Carlos Enrique Toro Gutiérrez**

Professor, General Secretary of Pan-American League of Associations of Rheumatology (PANLAR), General director of Center References Osteoporosis, Rheumatology&Dermatology (Colombia, Cali)